

# Setting Event Checklist

Capture slow triggers that make behavior more likely later in the day

classroompulse.io

## Daily Check-In

- Poor or limited sleep
- Medication change or missed dose
- Illness, pain, or physical discomfort
- Unexpected routine change at home
- Peer conflict earlier in the day
- Transportation or arrival stress
- Hunger, missed snack, or hydration concerns
- Sensory overload, noise, or crowded spaces

## Academic & Environmental Factors

- Non-preferred subject or difficult task scheduled
- Substitute or staffing change
- Extended unstructured time
- High-demand transition period
- Testing, assembly, or special schedule
- Reduced access to preferred regulation supports

## Correlation Log

Date	Setting events observed	Behavior level	Notes

### Patterns to discuss with the team

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## Catch the Slow Triggers

Classroom Pulse helps teams log setting events alongside behavior data so invisible contributors stop getting missed.

[classroompulse.io/signup](https://classroompulse.io/signup)