

Interval Recording Sheet

Whole, partial, or momentary interval observation form

classroompulse.io

Student & Observation Details

Student: _____

Observer: _____

Date: _____

Setting: _____

Interval length: _____

Recording type: _____

Target Behavior Definition

Legend

Recording Key

Whole interval: mark only if the behavior lasted the entire interval.

Partial interval: mark if the behavior happened at any point.

Momentary time sampling: mark if the behavior is occurring at the exact observation moment.

Observation Grid

Activity / Time	1	2	3	4	5	6	7	8	9	10	11	12	Total	%
8:00-8:15														
8:15-8:30														
8:30-8:45														
8:45-9:00														
9:00-9:15														
9:15-9:30														

Observation Notes

Simplify High-Frequency Tracking

Classroom Pulse supports interval methods digitally and calculates percentages instantly so staff stay consistent.

classroompulse.io/signup