Behavior Pattern Checklist

Identify common patterns in student behavior data

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Pattern Identification Checklist

Time-Based Patterns

- ☐ Behavior occurs more frequently in morning vs. afternoon
- ☐ Behavior increases before lunch/snack
- ☐ Behavior peaks during transitions
- ☐ Behavior varies by day of week (Monday effect)
- ☐ Behavior changes after weekends/breaks

Setting/Location Patterns

- ☐ Behavior differs between classroom and specials
- ☐ Behavior changes in structured vs. unstructured settings
- ☐ Behavior varies with different adults present
- ☐ Behavior differs in large group vs. small group
- ☐ Behavior changes in different seating arrangements

Task/Activity Patterns

- ☐ Behavior increases during difficult academic tasks
- ☐ Behavior occurs during non-preferred activities
- ☐ Behavior happens when preferred activity ends
- ☐ Behavior changes based on task length
- ☐ Behavior varies with verbal vs. written tasks

Social Patterns

- ☐ Behavior increases when specific peers are present
- ☐ Behavior occurs when seeking adult attention
- ☐ Behavior happens during peer interactions
- ☐ Behavior changes with class size
- ☐ Behavior differs with familiar vs. unfamiliar people

Setting Events to Track

Setting events are conditions that make behavior more or less likely. They don't directly trigger behavior but set the stage.

- Sleep quality/quantity the night before
- Medication changes or missed doses
- Illness or physical discomfort
- Home stressors (family conflict, changes in routine)
- Peer conflicts earlier in the day
- Missed meals or hunger
- Sensory overload accumulation

Time-of-Day Analysis Template

Time Block	Activity	Frequency	Notes
8:00-9:00			
9:00-10:00			
10:00-11:00			
11:00-12:00			
12:00-1:00			
1:00-2:00			
2:00-3:00			

Pattern Observations

Automate Pattern Detection

Classroom Pulse automatically identifies behavior patterns across time, settings, and activities. See trends you might miss.

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